

General Pool Rules
Foxwood Subdivision Sections 1 – 4

Pool Passes

- You cannot swim without a pool pass or you must be the invited guest of someone who has a pool pass (See more information under “**Guests**”).
- Only residents of Foxwood, Sections 1, 2, 3, or 4 are eligible to apply for a pool pass.
- No one will be admitted without proper ID.

Conduct Around the Pool Area

1. No running or rough play allowed (throwing someone in the pool, pushing, dunking, getting on someone’s shoulders, splash fights, dog fights, etc.)
2. No pets are permitted on pool premises.
3. All children under 10 years of age must be accompanied by an adult at least 18 years of age.
 - a. Any child between the ages of 10 and 12 years of age may enter the pool area unaccompanied by an adult if that child has passed the swim test which is administered by a lifeguard.
4. Obey lifeguards and other supervisory personnel.
 - a. Talking with lifeguards while the lifeguard is on duty is prohibited.
5. Be alert to anyone in trouble.
 - a. Call for help immediately.
 - b. Do not move or remove injured people from the water who complain of back or neck injuries.

Lifeguards

1. Lifeguards are employed to ensure the safety of the swimmers.
2. Lifeguards have the authority to
 - a. Remove anyone from the pool area who will not obey the rules
 - b. Remove anyone from the pool area who acts in a way that endangers him or herself or others
 - c. Suspend the offender(s) for one day.
 - d. Report repeated offences to the pool committee. ***Repeat violations may result in having swimming privileges revoked for the remainder of the swim season.***
3. Lifeguards may clear the pool at any time they feel it is necessary. **One long whistle blast means “Clear the Pool!”**
4. Lifeguards have the ultimate authority in and around the pool area, the pavilion, and the restroom/shower area.
5. Lifeguards are not responsible for the baby pool.

Clothing and Sun Block

1. Proper swimming attire is required:
 - a. Only regulation swimming attire specifically designed and manufactured for swimming/pool use is permitted.
 - b. No blue jean cut offs are permitted.
 - c. No leggings are permitted.
 - d. Only white t-shirts are allowed. No colored t-shirts or white t-shirts with printed logos are allowed.

The dyes and other chemicals used in general clothing manufacturing can cause damage to the pool filtering system. These same dyes and chemicals adversely affect the pH of the water. They are not safe.

- e. Swimsuits are required in the Baby Pool.
 - i. No disposable diapers are allowed in the baby pool.
 - ii. “Little Swimmers” or other diapers manufactured for use in the pool are allowed.

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2. The use of sun block and other lotions is not permitted.
 - a. Sun tan lotion, sun block, baby oil, cocoa butter and other similar types of lotions cause filter damage.

Food, Beverages, and Other Consumption

1. No alcoholic beverages are allowed anywhere in the pool or park area.
2. No glass containers are allowed in the pool area.
3. The pool, pool area, and pavilion are non-smoking areas.
4. Chewing gum while swimming is not permitted.
5. Water and soft drinks in plastic bottles are permitted in the pavilion but not around the pool.
6. No food of any kind is to be consumed or brought into the pool or pavilion area.

Guests

1. Each resident with a pool pass is permitted two (2) guests.
2. Guests are free; we no longer charge a fee for guests to swim.
3. Guests must be accompanied by a resident with a current pool pass (member) for the entire time they are in the pool.
4. Guests must sign in with the lifeguard.
 - a. Guests will be given a wrist band by the lifeguard when they have signed in.
 - b. The wrist band is to be worn during the entire time they are at the pool or in the pool area.
 - c. The wristband should be returned to the lifeguard at the end of their swim.
5. Member is responsible for the behavior of the guest at all times.
6. Guests are subject to all pool rules. Failure to follow the rules will result in losing the privilege of swimming in the pool.

Swimming and Diving

Diving:

1. No diving in the shallow end of the pool (less than 6 feet).
2. Diving from the side of the pool is not allowed. Flips from the side of the pool are not allowed.
3. There are designated diving areas.
 - a. No diving is allowed outside the designated diving area(s).
 - b. No swimming is allowed in the designated diving areas.
 - c. Anyone entering the water from the diving board must make sure that there is no one in the way.
4. Only one person at a time is allowed on the ladder or the diving board.
5. Swimmers in the water have the right-of-way: Divers must wait for the water to be clear of swimmers before taking their dive. If a person has just dived into the water, they must be allowed to swim out of the way before the next person takes his/her dive.
6. Divers must be able to swim the length of the pool (on their stomach while breathing) in a reasonably safe manner without stopping.
7. Children under 10 years may dive with the parent/chaperone close by.
 - a. Children must be able to dive on their own.
 - b. The child may not wear flotation devices, goggles, fins, or mask.
 - c. Parent/chaperone must remain at the side of the pool until the child enters the water then the parent may move in to assist the child.

Diving Form:

- a. Jump straight off the board using a forward motion.
- b. When diving, keep your arms stretched out in front to protect your head.

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- c. Inward dives (cutaways) are not allowed.
- d. Only one (1) bounce allowed on the board to launch a dive.
- e. Only feet are allowed on the board; no handstands allowed.

Swimming:

1. Swimming is allowed during designated hours only when life guards are present:
 - a. Only those renting the pool for a private party are allowed to swim outside the designated hours.
 - i. This requires an application process. Please refer to the pool rental form on the website for details.
 - b. Anyone swimming after hours without special permission will be suspended for the remainder of the swim season and pool passes will be revoked.
 - c. Trespassing charges will be filed against anyone breaking this rule.
2. Anyone with an open sore or a communicable disease will not be permitted to swim.
3. Only small floating items may be used in the pool. The Pool Manager will decide whether or not a device can be used safely.
4. Swimming is allowed only when the diving board is not in use or closed.
5. Stay off the ropes.

Ten-Minute Break Policy:

1. At multi-guard facilities, there will be a 10-minute rest period every hour and all swimmers under 18 years of age will get out of the pool during this break.
2. At one-guard pools, there will be a 15-minute rest period and all swimmers regardless of age are to be out of the pool during the break.
3. Do not return to the pool until the lifeguard(s) on duty gives the signal to return to the water.
4. This rest period is for the safety of the swimmers.
 - a. It allows the lifeguards to have a rest break.
 - b. Shift rotation of the lifeguards may occur during one of these breaks.
 - c. The pool facility gets checked at this time to make sure that everything is working.

Baby Pool

1. Only non-swimming, pre-school children 5 years or under may use the Baby Pool.
2. Swimsuits are required. Disposable diapers are not allowed; however, "Little Swimmers" or other diapers designed to be used by infants in the water are permissible.
3. A parent or chaperone 18 years or older must accompany each child using the Baby Pool.
4. Lifeguards are not responsible for the Baby Pool.
5. Parents, guardians, or chaperones are responsible for their children.
6. All pool rules apply to the Baby Pool. See other sections of this document for details.